Cambridge National L1/2 in Health and Social Care

Subject Content

This qualification will assess the application of Health and Social Care through their practical use. They will provide learners with essential knowledge, transferable skills and tools to improve their learning in other subjects with the aim of enhancing their employability when they leave education, contributing to both their personal development and future economic well-being. Cambridge Nationals in Health and Social Care will equip learners with sound specialist knowledge and skills for everyday use. They will also challenge all learners, including high attaining learners, by introducing them to demanding material and skills; encouraging independence and creativity; providing tasks that engage with the most taxing aspects of the National Curriculum (including Values of Care and the current legislation requirements and the importance of softer skills such as communication skills to ensure individuals' right to independence and dignity). The hands-on approach that will be required for both teaching and learning will chime appropriately with the way young people use new technology and will underpin a highly valid approach to the assessment of their skills. The qualification design, including the range of units available, will allow learners the freedom to explore more deeply the things that interest them as well as providing a good opportunity to enhance pupil learning in a range of curriculum areas.

The OCR Level 1/2 Cambridge National Certificate in Health and Social Care consist of two mandatory units and two optional units.

Unit R021: Essential values of care for use with individuals in care settings Aims This mandatory unit focuses on the rights of individuals and will instil the values of care to be used when working in a health, social care or early years environment. All good practice is based on these values and enables those who use and work in care settings to apply quality practice.

The unit also provides an overview of legislation and its impact on the care settings and covers the hygiene, safety and security matters that relate to promoting a healthy and safe environment. Many individuals who use services often feel vulnerable and are lacking in confidence. If staff are friendly in their approach, apply the values of good care and are supportive, as well as following the accepted procedures, those using the service will feel respected and assured that all is being done to promote their health and well-being.

Studying this unit will enable the learner to understand how this is achieved. Learners will have the opportunity to apply their knowledge and understanding through the use of focused activities such as role-play, case studies and scenarios. The unit will prepare learners for the workplace, enabling them to gain an understanding of how the values of care should be applied and how maintaining the rights of individuals will enable them to feel valued.

On completion of the unit, learners will have gained an understanding of how to provide quality care for individuals, helping them to achieve their goals and how to apply the values of care so that individuals feel valued. Learners will also have gained an understanding of how regulatory frameworks aim to protect both individuals and care workers in settings and how procedures that are in place in care settings, aim to promote standards of hygiene and maintain safety and security for all who use or work within the setting. The following unit are the ones we currently teach at Alder Grange.

- R021: Essential values of care for use with individuals in care settings
- R022: Communicating and working with individuals in health, social care and early years settings
- R023: Understanding body systems and disorders
- R025: Understanding life stages

How it's assessed

Entry code	Qualification Title		GLH	Qualification
				Number
J801	OCR Level 1/2 Cambrid	ge National Award in	60	60
	Health and Social Care			600/4777/X
Made up of: • Units R021 and R022.				
Entry code	Qualification Title GLH		Qualification Number	
J811	OCR Level 1/2 Cambridge National Certificate		120	60
	in Health and Social Care			600/4777/X
Made up of:				
Units R021 and R022.				
Two other units.				
Unit details				
Unit R021: Essential values of care for use with individuals in care settings				
30 GLH 1 hour written paper 60 marks (60		This question paper: • consists of two sections,		
UMS) OCR set and marked		each comprising short answer and extended		
		response questions.		
Unit R022: Communicating and working with individuals in health, social care and early years				
settings				
30 GLH Approx 10 hours internal assessment		The centre-assessed task: • will be based on a		
60 marks (60 UMS) Centre-assessed and OCR-		centre selected set assignment • assesses the		
moderated		quality of written communication		
Unit R023: Understanding body systems and disorders				
30 GLH Approx 10 hours	The centre-assessed task: • will be based on a			
60 marks (60 UMS) Centre-assessed and OCR-		centre selected set assignment • assesses the		
moderated		quality of written communication		
Unit R025: Understanding life stages				
30 GLH Approx 10 hours internal assessment The centre-assessed task: • will be based on a				
60 marks (60 UMS) Centre-assessed and OCR-		centre selected set assignment • assesses the		
moderated		quality of written communication.		
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